



High School Lesson Plan

Theme: *Come, Follow Me!*

Purpose:

1. To help students come to a realization that they have been called by God to undertake a specific and unique mission in their lives.
2. For the students to see in episodes of the Scriptures that the response to God's invitation is not always easy to accomplish, that there must be some sacrifice.
3. To use these episodes from the Scriptures to help the students recognize the difference between the questions: "What do I want to do?" versus "What does God want me to do?"

Activity: Daily Spiritual Journals

We all want to be happy. At the end of our lives, we all have a hope that we have made a contribution to the betterment of the human race. As we grow, we are often asked "What do you want to do when you grow up?" As children, the answer is often, "I want to be a firefighter or a policeman, or a doctor." These early impressions are often filled with an idealistic impression and a hope to be a hero and save the world. As you hit high school and start to look at college and a career, that idealism starts to be replaced by a realism of college costs, admission tests, and your ability to find success in your chosen career field.

The question that we are asked, however, is often reversed from what it should be. If we truly want to be happy, instead of asking the question: "What do *I* want to do?" the question should be: "What does *God* want me to do?" If God has created each one of us uniquely while we were still in our mother's womb, He knows better than we do how we are designed and what will lead us to true happiness.

In each story below, there is a tension between what the main character desires to do versus what God desires them to do. When they follow their own designs, they are met with frustrations and difficulties. When they follow where God is leading, they are met with success and peace.

For each day listed read the assigned episode from Scripture and write a page journal entry in response to the question asked. Teachers should check to see that the students have completed the journals. (Be aware that this activity is not meant to fill the entire class time and should be supplemented with other material which encourages the discernment process.)



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Monday: Jonah 1:1- 3:10, *The Story of Jonah*

- In what ways have you struggled to follow how Christ is calling you to follow after Him?

Tuesday: Matthew 19:16-22, *The Rich Young Man*

- What talents has God given to you that He is asking you to share with the world?

Wednesday: Luke 10:38-42, *Mary and Martha*

- In what ways have you put the needs of this world before the needs of Christ?

Thursday: John 4:4-30, *Jesus and the Woman at the Well*

- How have you felt the profound love and forgiveness of Christ in your life?

Friday: Acts 10:9-23, *Peter's Vision*

- How has Jesus challenged you to go beyond your area of comfort to follow where He leads?

Thanks to the Archdiocese of Cincinnati for producing these documents.